

**DESTIN**

**U.S. GOLD GYMNASTICS  
& CHEERLEADING ACADEMY  
2009-2010 10-MONTH SCHEDULE**

	Mon	Tue	Wed	Thu	Fri	Sat	
PARENT & TOT WALKING TO AGE 3		9:30 10:45 5:30	9:30 10:45			10:30	
PRESCHOOL AGES 3-4	4:15	9:30 10:45 5:30	9:30 10:45 4:15 5:30			10:30	
PRE-KINDERGARTEN AGES 4-5	4:15	9:30 10:45 5:30	9:30 10:45 4:15 5:30		KIDS' DAY OUT 9:30 TO 11:30  Every Friday Morning!	10:30	
RED SQUAD BEGINNER AGES 5-6	5:30	4:15	4:15			10:30	
BLUE SQUAD INTERMEDIATE AGES 5-6	5:30	4:15					
SILVER SQUAD BEGINNER AGES 7 & UP	5:30	4:15					
GOLD SQUAD INTERMEDIATE AGES 7 & UP	5:30	4:15					
RISING STARS ADVANCED AGES 3-4				4:00-5:30			
SHOOTING STARS ADVANCED AGES 4-5				4:00-5:30			
BOYS RED SQUAD BEGINNER AGES 5 & UP	4:15						
BOYS BLUE SQUAD INTERMEDIATE AGES 5 & UP	4:15					KIDS' NIGHT OUT 6:30 TO 10:00  Every Friday Night!	
BOYS GOLD SQUAD ADVANCED AGES 5 & UP	4:15						
TUMBLING 1 BEGINNER - INTERMEDIATE AGES 5 - 7			4:15 5:30				
TUMBLING 2 BEGINNER AGES 8 & UP	6:45			6:45			
TUMBLING 3 INTERMEDIATE AGES 8 & UP	6:45			6:45			
TUMBLING 4 ADVANCED AGES 8 & UP		6:45-8:15					
POWER TUMBLING EXCELLED AGES 8 & UP		6:45-8:15					
PEEWEE CHEER AGES 4-5				5:30			
CHEERNASTICS AGES 6 & UP				5:30-7:00			

ALL CLASSES ARE ONE HOUR UNLESS OTHERWISE SHOWN