

**FT. WALTON
BEACH**

**U.S. GOLD GYMNASTICS
& CHEERLEADING ACADEMY
2009-2010 10-MONTH SCHEDULE**

	Mon	Tue	Wed	Thu	Fri	Sat
PARENT & TOT WALKING TO AGE 3		10:00		5:30	KIDS' DAY OUT 9:30 TO 11:30 Every Friday Morning!	10:30
PRESCHOOL AGES 3-4	4:15	10:00 4:15		5:30		10:30
PRE-KINDERGARTEN AGES 4-5	4:15	10:00 4:15		5:30		10:30
RED SQUAD BEGINNER AGES 5-6	5:30	5:30				11:45
BLUE SQUAD INTERMEDIATE AGES 5-6	5:30	5:30				
SILVER SQUAD BEGINNER AGES 7 & UP	5:30	5:30				11:45
GOLD SQUAD INTERMEDIATE AGES 7 & UP	5:30	5:30				
RISING STARS ADVANCED AGES 3-4				4:00-5:30		
SHOOTING STARS ADVANCED AGES 4-5				4:00-5:30		
BOYS RED SQUAD BEGINNER AGES 5 & UP		4:15				
BOYS BLUE SQUAD INTERMEDIATE AGES 5 & UP		4:15				
BOYS GOLD SQUAD ADVANCED AGES 5 & UP		4:15				
TUMBLING 1 BEGINNER & INTERMEDIATE AGES 5 - 7	4:15					
TUMBLING 2 BEGINNER AGES 8 & UP	6:45			6:45		
TUMBLING 3 INTERMEDIATE AGES 8 & UP	6:45			6:45		
TUMBLING 4 ADVANCED AGES 8 & UP		6:45-8:15				11:45-1:15
POWER TUMBLING EXCELLED AGES 8 & UP		6:45-8:15				11:45-1:15
PEEWEE CHEER AGES 4-5	5:30					KID'S NIGHT OUT 6:30-8:30PM
CHEERNASTICS AGES 6 & UP	5:30-7:00					1ST SATURDAY OF MONTH!

ALL CLASSES ARE ONE HOUR UNLESS OTHERWISE SHOWN